



# HOTEL LIST

- Jan 15, 16 & 17: Melia Varadero (3 nights)
- Jan 18 & 19: Jagua Hotel, Cienfuegos (2 nights)
- Jan 20 & 21: Ciego de Avila Hotel (2 nights)
- Jan 22 & 23: Hotel de Avellaneda or similar Camagüey (2 nights)
- Jan 24 & 25: Melia Santiago (2 nights)
- Jan 26, 27 & 28: Hotel Nacional Havana (3 nights)



**Wendy Holm** – Wendy is an award-winning resource economist, Professional Agrologist, author and journalist who has brought close to 1,000 farmers, students and chefs to Cuba over the past 20 years.

"Cuba has done so much with so little. They've transformed their agriculture from large-scale mono-culture to sustainable, diversified, local and organic agriculture virtually overnight. The past decade has seen an enormous shift in North Americans' perception of food. Food security and safety, concerns about nutrition and a general curiosity about how food is produced have become popular topics. How is food produced, how sustainably is it produced, how far does it have to travel? Those questions are front and centre in people's minds." - Wendy Holm

# CANADA CUBA FARMER TO FARMER PROJECT JAN 15<sup>RD</sup> – JAN 29<sup>TH</sup> 2018



## ITINERARY & HOTEL LIST

