

Canada Cuba Farmer to Farmer Project Winter 2013 Delegations

PROGRAM

DAY 1. MONDAY. ARRIVAL.

- Arrival at Varadero Airport. Private transfer and check- in at Melia Varadero Hotel (all inclusive). Free day to relax, dinner together.

DAY 2. TUESDAY. VARADERO.

- Free day to relax, all inclusive, dinner together.

DAY 3. WEDNESDAY. VARADERO.

- Free day to relax, all inclusive, dinner together..

DAY 4. THURSDAY. CIEGO DE AVILA.

- Breakfast, depart at 7:30 am.
- Visit CPA 26 de Julio and the CIDA project Enhancing Sustainable Dairy Production Capacity in Cuba, enjoy a farm lunch with members
- Continue on to Ciego de Avila.
- Check in to Ciego de Avila hotel
- Dinner at the hotel. Free evening. Hopefully, a baseball game at nearby stadium...

DAY 5. FRIDAY. CIEGO DE AVILA.

- Breakfast at the hotel.
- Visit to an agricultural cooperative (CPA).
- Lunch hosted by ANAP
- Visit to an agricultural cooperative (CPA).
- Dinner at the hotel. Catch a baseball game if possible.

DAY 6. SATURDAY. CAMAGUEY.

- Breakfast at the hotel.
- Visit to Organoponico El Rabanito, explanation of Cuba's system of organic gardens
- Depart for Cayo Coco beach.
- Possible stop at show cattle barn of MINAG to see Santa Gertrudis cattle
- Morning on the beach, lobster lunch at CATEC restaurant on the beach.
- 2 p.m. departure for Camaguey City.
- Check into Gran Hotel, Camaguey, dinner at the hotel.

DAY 7. SUNDAY. CAMAGUEY.

- Breakfast at the hotel.
- 2 hour bicitaxi tour of the historical center of Camaguey. Visit a state market, a bustling farmers market and a ration store (\$5/person, Wendy organizes).
- Lunch at Casa del Chef by local chefs to highlight typical cuisine of the Camaguey area.
- Free afternoon
- Dinner at a local Paladar Restaurante 1800 (Plaza San Juan del Dios)
- Listen to/dance to Cuban salsa and son at Casa de La Trova

DAY 8. MONDAY. CAMAGUEY.

- Breakfast at the hotel.
- Visit to farm cooperative
- Lunch hosted by ANAP.
- Visit to a farm cooperative.
- Dinner at the hotel. Free evening.

DAY 9. TUESDAY. BAYAMO.

- Breakfast at the hotel. Brief stop at Pepe (leather artisan) then depart for Bayamo City.
- Lunch at Hotel Royalton
- Check into Hotel, City tour.
- Dinner at Hotel or local restaurant

DAY 10. WEDNESDAY. BAYAMO.

- Breakfast at the hotel.
- Morning visits a cooperative.
- Lunch arranged by ANAP.
- Free afternoon.
- Dinner at Hotel, visit to a CDR (if possible).

DAY 11. THURSDAY SANTIAGO DE CUBA

- Check out of hotel after breakfast, depart for Santiago de Cuba, former capital of Cuba, and second largest city.
- Visit grave of Jose Marti (Cemetery) and Parque Cespedes to tour oldest house in Cuba.
- Lunch at rooftop restaurant, Gran Hotel, check in 5 star Melia Santiago Hotel.
- Free afternoon.
- Dinner at the hotel. Evening free.

DAY 12. FRIDAY HAVANA.

- Breakfast at the hotel.
- Morning flight to Havana
- Check into Hotel Nacional.
- Dinner on your own or go exploring into Havana's old city with Wendy.

DAY 13. SATURDAY. HAVANA.

- Breakfast at the hotel.
- Free day to explore Havana, museums, galleries. Optional 2 hour classic car tour at 10 am with Wendy to orient you to craft markets, museums, the Old City and other places of interest that you may want to see over the next few days. (price to be arranged....)
- Lunch and dinner on your own (typically we all go to dinner together...)

DAY 14. SUNDAY. HAVANA.

- Breakfast at the hotel.
- Free day to explore Havana's markets, museums, galleries. Lunch on your own.
- Farewell dinner

DAY 15. MONDAY. DEPARTURE.

- Leave for Varadero International Airport for departure.